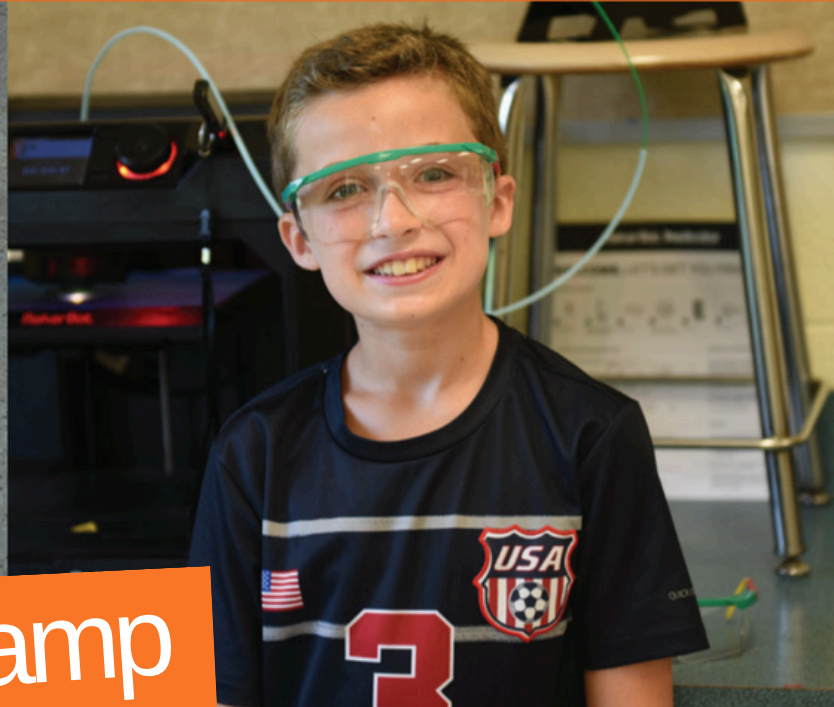


# Summer Camp Handbook



## Welcome To Camp

### EVERYTHING

You need to know to plan your summer  
at Rancho Summer Camps

#### ALL OF US AT RANCHO CAMPS WELCOMES YOU!

We are extremely excited about this summer! Each camp day presents a safe environment with an abundance of new experiences, exciting innovation, good friends and great fun. To ensure that you and your family are fully prepared for what we have to offer this summer, we present to you our Camp Handbook.

Please be sure to read through this booklet as it outlines some important information about your upcoming camp.

Once again, we would like to extend a warm welcome to you this summer. If there is anything we can do to ensure that your family gets the most out of the Rancho summer camp experience, please contact us at anytime!

Sincerely,

The Entire Rancho Camp Leadership Team & Staff

Rancho Summer Camps  
at Rancho Solano School

**May 27 - July 12**

844-516-2267

[info@ranchosummercamps.com](mailto:info@ranchosummercamps.com)

[www.ranchosummercamps.com](http://www.ranchosummercamps.com)

### PARENT CAMP APP

*FOR IMMEDIATE ASSISTANCE ON:*  
Concerns | Feedback | Add Extended Care  
Lost & Found | Running Late | More





# Camp Hours | 9am to 3pm

- Morning drop-off begins no earlier than 8:45am and no later than 9:05am
- Afternoon pick-up begins no sooner than 2:50pm and ends no later than 3:10pm
- **EXTENDED CARE:** Morning from 7:30am to 8:45am | Afternoon from 3:10pm to 5:30pm



## Lunch & Snack

### BRINGING LUNCH FROM HOME

Please pack your lunch at home and include a drink. Water stations will always be available. We strongly encourage that you pack lunch in a brown bag or soft insulated bag with your camper's name and age on the bag with permanent marker.

### CAMPERS WITH FOOD ALLERGIES

Campers with food allergies will need to follow the above instructions, with one exception: Please write "Allergy Lunch" on the bag so our camp staff may separate the lunch from all of the other "non-allergy" camp lunches. We want to ensure that all of us are working together to keep all lunches and/or snacks that are peanut-free, tree-nut-free, free from other common food allergens (dairy, gluten, soy, wheat, etc.), completely free from any cross-contamination.

### SNACKS FOR DAY CAMPERS (3.5 to 6 program)

We provide a snack each day at Day Camp and separately, for all campers participating in the afternoon extended day program. Nut /Gluten free options available.

### SNACK OPTION

If your camper is not participating in our Day Camp program, you may send your own snack to camp (optional)



## What To Wear

**We want all campers to feel comfortable at camp, but also prepared to be safe and ready for fun!**

**TIP:** For younger children (or any age) who may have trouble putting on their bathing suits, we recommend campers wear their bathing suit under their clothing when they arrive at camp each morning. Then separately, campers should pack their own underwear to change into once their swim period is over. This approach extends the camper's swim period since the time to change is limited.

**The following items should be worn to camp each day:**

- Comfortable t-shirt (preferably light color)
- Shorts
- Socks
- Closed toe shoes (no open toe - for safety)
- Hat (optional, but recommended)
- Sunscreen (apply before arriving to camp)



## What To Bring

- Swimsuit & Goggles (optional)
- Sunscreen
- Pool Shoes/Sandals (optional - for pool only)
- Towel
- Backpack/Tote/Duffle Bag
- Change of Clothes
- Lunch
- Water Bottle

*\*\*Please clearly label all items and personal belongings with your camper's name in permanent marker.*



## What Not To Bring

- Mobile Phones or Tablets
- Electronic Games
- Camera or Recording Device
- Chewing Gum
- Trading Cards
- Any Personal Items of Significant Value

*\*\*Rancho does not permit cell phones or other electronic devices at camp. The camp director is available at all times via phone. Conversely if your camper needs to get in touch with you we will permit him/her to use the camp phone at anytime.*



## Drop-Off & Pick-Up

We pride ourselves on getting cars in and out efficiently, so you never have to get out of your car! Our Drop-Off & Pick-Up process is designed to be safe, easy and convenient. Our staff will always open the car door upon arrival. We have many security procedures in place for this process. All parents will receive additional information in our pre-camp email.

### EARLY PICK-UP?

Please call the camp office or complete the online form, at least one hour prior to pick-up.

### LATE ARRIVAL?

Please park your car and then bring your camper(s) to the Camp Office to check-in your camper(s).



## A Few Reminders for When You Arrive

- Please do not use your mobile phone when you arrive on campus. Thank you for honoring safety first!
- You will receive a pre-camp email, with a downloadable Pick-Up Card, the week prior to your start date.
- Please complete it and then display your Pick-Up Card on your dashboard.
- Please have an updated (non-expired) Government ID out and ready to show the camp greeter.
- Please let us know if you are carpooling with other camp families in advance, so we are prepared.
- Please always put your car in park when your child(ren) is about to get in or out of your vehicle. Safety first!
- Please follow all directional signs as well as the instructions from our camp staff. They will guide you.

### **It Is Important To Remember, To Know and To Respect The Following:**

- Any parent without a valid government-issued ID will not be permitted to pick-up their child(ren).
- We encourage you always to stay in your vehicle; our camp staff is trained to help with pick-up & drop-off.
- Campers will not be able to go home with another camper unless you have provided written permission.
- Only campers and camp staff will be permitted to enter the school campus. There are no visitors permitted.

***Thank you for abiding by our safety rules and processes. We appreciate your cooperation at all times.***



## Aquatics Reminders & Notes

- Each Monday, regardless of ability or experience, all campers who have elected to swim will undergo a swim test conducted by our Aquatics Director and Certified lifeguards.
- This test is to ensure that our aquatics staff has the opportunity to learn more about each child's level of confidence in the pool and his/her overall strength/ability in the water.
- For the purposes of being overly safe, every camper partakes in the test each week they attend camp.
- All campers attending our Day Camp Jr. (3 1/2 to 4) and Day Camp (5 to 6) programs will participate in our instructional swim program under the direction of our trained and certified aquatics/lifeguard staff.
- All other attending campers will participate in our open swim program, under the supervision of our Aquatics Director and our certified lifeguards.
- Those who opt out of swimming will be supervised and have the opportunity to sit in the shade and play camp games with a camp instructor.

**(844) 516-2267**



# Camp Rules & Policies

For the safety of all campers, families, camp staff and the campus we kindly ask you to read our camp rules and regulations as stated below and, in more detail, on our camp website: [www.RanchoSummerCamps.com](http://www.RanchoSummerCamps.com)

We greatly appreciate your cooperation and understanding.

## No Visitors at Camp

With the exception of drop-off and pick-up, we will not permit visitors on campus.

This rule is due to our protocol and the overall safety of the campus grounds and camp facilities.

## Code of Conduct

IDEAS encourages fun, friendship and safety in a positive atmosphere.

Moreover, we do not tolerate any form of teasing or bullying. We have established behavior guidelines that revolve around the "Three R's" that all campers follow:

1. Respect for yourself
2. Respect for others
3. Respect for your environment

If any camper or camp family does not follow the "Three R's" guidelines IDEAS Camps has the right to dismiss the camper(s) from camp for the season and without a refund. The same rules apply to our camp staff.

## Health Guidelines

### MEDICATION

- If your child will be taking any medication and/or EpiPens at camp, his /her health care provider must complete the Medication Consent Section of our health form.
- Our Site Leader is the only team member who may accept medication and may only accept medication for which we have your authorized medication consent.
- Medication must be given directly to our Site Director on/before your child's first day of camp.
- Medication must be in its original container with your child's name on the prescription label.
- Please double check to ensure the medication has not expired.

### STAYING HEALTHY DURING THE SUMMER AND IN THE SUN Hydration

We highly recommend that each camper has two glasses of water prior to arriving at camp. It is important that all campers stay hydrated, and we encourage them to drink water throughout the day. There will be water stations set up throughout the campus, and our staff will offer frequent reminders and provide plenty of opportunities for water breaks during the camp day.

### Sunscreen

Liberal apply sunscreen to your child(ren) in the morning before camp. Use a waterproof or water-resistant sunscreen with SPF 30+. Our staff will encourage, remind and supervise additional applications throughout the day, especially prior to when we will be outdoors.

### BIRTHDAY TREATS

Due to allergies, please do not send any birthday treats to camp. However...please do let us know if it is your camper's birthday so we may all celebrate the special day at camp!

## Need Help? Contact Us!

**Camp Office**  
(844) 516-2267

Scan With Phone To  
Download Camp App



**Camp Email**  
[info@ranchosummercamps.com](mailto:info@ranchosummercamps.com)

## Want To Re-Enroll?

Love your current program? Want to try out a new program? Need to add additional weeks?

**We Are Here To Help!**

Please contact us **(844) 516-2267** to learn more and secure your spot.

**(844) 516-2267**